

REGULAR ONE WEEK MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Assorted Juice Hot Oatmeal Poached Egg Buttered Toast <i>Alternate Choices</i> Assorted Cold Cereal Assorted Fruit Yogurt	Assorted Juice Cream of Wheat Cheddar Cheese Buttered Toast <i>Alternate Choices</i> Assorted Cold Cereal Buttered English Muffin Assorted Fruit	Assorted Juice Hot Oatmeal Scrambled Egg Buttered Toast <i>Alternate Choices</i> Assorted Cold Cereal Buttered Raisin Toast Assorted Fruit	Assorted Juice Cream of Wheat Poached Egg Buttered Toast <i>Alternate Choices</i> Assorted Cold Cereal Assorted Fruit	Assorted Juice Hot Oatmeal Boiled Egg Cinnamon Scone <i>Alternate Choices</i> Assorted Cold Cereal Buttered Toast Assorted Fruit	Assorted Juice Cream of Wheat Waffles/Syrup Breakfast Sausage <i>Alternate Choices</i> Assorted Cold Cereal Buttered WW Toast Assorted Fruit	Assorted Juice Hot Oatmeal Scrambled Egg Bacon Buttered Toast <i>Alternate Choices</i> Assorted Cold Cereal Assorted Fruit
LIGHT MEAL	Cream of Tomato Soup Assorted Juice Macaroni & Cheese Ham Slice Brussel Sprouts Mandarin Orange Sections <i>Alternate Choices</i> Chicken Salad Sandwich Four Bean Salad Butter Tart Square	Assorted Juice Beef & Bean Medley Soft Roll Fruit Cocktail <i>Alternate Choices</i> Omelet with Summer Vegetables Buttered Toast Points Greek Tomato & Cucumber Salad Southern Banana Pudding	Cream of Celery Soup Assorted Juice SI Beef Salad Plate (SI Beef Fruit, Chili Sauce, Macaroni Salad, Coleslaw, Dinner Roll) Diced Pears <i>Alternate Choices</i> Dijon Chicken Penne Romaine salad w/lemon thyme vinegar dressing Raspberry Mousse /Whipped Topping/Raspberry Drizzle	Chicken Creole Gumbo Assorted Juice Baked Tuna Buns Broccoli Salad Stewed Rhubarb <i>Alternate Choices</i> Cottage Cheese Fruit Plate (Cottage Cheese, Crushed Pineapple, Strawberries, Mandarin Oranges, Banana Loaf) Vanilla Ice Cream /Caramel Drizzle	Lentil Soup Assorted Juice Pasta Primavera Asparagus Dinner Roll Seasonal Berries <i>Alternate Choices</i> Country Sausage Burger Caesar Salad/Dressing Gelatin Jewels & Whipped Topping	Chicken Noodle Soup Assorted Juice SI. Egg Salad Plate (Sliced Eggs, Dinner Roll, Potato Salad and Pickled Beets) Banana <i>Alternate Choices</i> Grilled Cheese Sandwich/Ketchup Dilled Barley and Corn Salad Lime Sherbet /Vanilla Wafer	Cream of Broccoli Soup Assorted Juice Shaved Beef Sandwich on Marble Rye/Horseradish Tossed Salad/Dressing Applesauce <i>Alternate Choices</i> Spaghetti & Meat Balls Peas Garlic Bread Stick Fruit Trifle
MAIN MEAL	Assorted Juice Salisbury Steak /Mushroom Gravy Mashed Potatoes Scandinavian Mixed Vegetables Strawberry Shortcake <i>Alternate Choices</i> Fillet of Sole Rice Italian Blend Vegetables Diced Melon	Assorted Juice Honey Mustard Baked Chicken Mashed Potatoes PEI Vegetables Chocolate Cherry Refrigerator Cake <i>Alternate Choices</i> Veal Parmigiana Buttered Fettuccine Mashed Parsnips Crushed Pineapple	Assorted Juice Sea Salt & Pepper Ribs Country Cut Fries PEI Vegetables Lemon Meringue Pie <i>Alternate Choices</i> Herbed Lamb Parisienne Potatoes Snap Peas Fresh Fruit in Season	Assorted Juice Shepherd's Pie with Potato Topping/ Gravy Buttered Lima Beans Apple Cinnamon Pudding Cake <i>Alternate Choices</i> Glazed Baked Ham Pineapple Curry Sauce Scalloped Potatoes Fancy Blend Vegetables Apricot Halves	Assorted Juice Crunchy Italian Style Fish Fillets Mashed Potatoes Broiled Tomatoes Iced Orange Cake <i>Alternate Choices</i> Chicken Stir Fry Seasoned Rice Oriental Vegetables Peaches	Assorted Juice Breaded Liver & Onions O'Brien Potatoes Summer Squash Casserole Blueberry Oatmeal Square <i>Alternate Choices</i> Honey/Spice-Glazed Pork Chops Mashed Potatoes Green Beans Tropical Fruit Salad	Assorted Juice Roast Turkey with Gravy Cranberry Sauce Lyonnaise Potatoes Julianne Carrots Boston Cream Pie <i>Alternate Choices</i> Salmon Loaf Creamy Dill Sauce Mashed Potatoes Parslied Cauliflower Watermelon Wedge